



Lowland Leader



Title:	Lowland Leader Training Course Example Program
Summary:	<p>This example program gives you an indication of what is involved on a 2-day Lowland Leader training course. Each course is individual & reactive to both participant & environmental factors. When you book a course you'll receive a program specific to the course you attend.</p>
Note:	<p>Candidates are reminded that attendance on a training course must not in any way be considered a qualification in its own right. This is only achieved by passing the Lowland Leader assessment.</p>
Day 1:	<p><i>We'll usually meet around 9am for a quick coffee & introductions</i></p> <ul style="list-style-type: none"> • Mountain Training ethos, qualification pathways and scope of the scheme • Course programme, outcomes & discussion of prerequisites • Introduction to: <ul style="list-style-type: none"> • Weather • Route planning • Navigation • Walking and route finding & hazard identification • Group management • Personal equipment • Group/leader equipment • Access and conservation • Evening - <i>if applicable</i> - poor visibility navigation
Day 2:	<p><i>We'll usually meet around 9am & have a recap and Q&A over coffee</i></p> <ul style="list-style-type: none"> • Responsibilities of the Lowland Leader • Development of skills from day 1 & : • Weather interpretation during the day • How to plan a quality lowland walk and identify the associated risks • Navigation, walking and route finding • Group management • Environmental knowledge - some fun facts & ways to engage a group • Accident/missing person procedures <p><i>We'll finish with:</i></p> <ul style="list-style-type: none"> • Feedback • Discussion of Digital Logbook (DLOG) and personal action plans for consolidation period and assessment
Outcomes:	<p>Completed: You have attended & completed the training & met the prerequisite requirements.</p> <p>Not yet completed: If for any reason you do not complete the required hours for a course you will receive this result. In all cases an action plan will be discussed & created for you. Providers have up to 21 days to submit a course report, which allows for you to submit further information if necessary, for example if you have not fully met the prerequisite requirements.</p>
Next Steps:	<p>You'll leave the training course with an action plan detailing your next steps on the journey to becoming a Lowland Leader - this will involve practising the skills learned, planning & undertaking your own walks and building a strong logbook to demonstrate this.</p> <p>Then it will be time to book an assessment....</p>