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Hill & Moorland Leader Assessment Course Example Program

This example program gives you an indication of what is involved on a 3-day Hill & Moorland Leader (HML) Assessment. Each course is individual & reactive to both participant & environmental factors. When you book a course you'll receive a program specific to the course you attend.

Candidates are reminded in order to attend the Assessment they must meet the pre-course

Note: **Pre-Course:**

requirements - these are detailed in the MT Candidate Handbook and on our website. When your place on the Assessment has been confirmed we will send you a home paper, details

of the talk we'd like you to deliver to your peers and a planning task relevant to assessment.

Format:

The course requirement is 30hrs contact time over a minimum of 3 days. We typically run assessments over 3 days as candidates report they prefer to be "in the zone" and focused on a single 'event'. We can run the course over 4 days to accommodate alternative requirements. The course will be reactive to environmental factors to maximise opportunities to assess different skills.

Day 1:

We'll meet at 08:30 for coffee, introductions and to discuss how the course will run. We'll then head out on a typical hill day where candidates will be expected to actively lead the group whilst navigating. As opportunities present themselves we'll look at access, the environment and safety issues. The process will be as demonstrated on the training course - one candidate leads each leg of the journey - but other candidates will be expected to relocate and take an active part in any discussions. Candidates can deliver their hill-talk if suitable.

Day 2:

We'll meet at 08:30 - this is a long day and candidates should be prepared accordingly. We'll still make a typical hill journey but we'll be looking to see different navigation techniques and strategy, we'll mix micro & macro navigation through the day whilst also looking group management and the ability to inform, teach and inspire others.

Night Nav / poor vis:

Depending on the time of year the course takes place this may be either a continuation of the day 1 or 2 or a separate session - candidates will be informed before the course based on weather forecasts. The session will be roughly 3 hours.

Day 3:

We'll meet at 09:00. again go on a journey but we'll also be looking at emergency procedures and dynamic risk assessment. We'll have opportunities to revisit any areas that candidates have been unsure of and we'll finish with results, debriefs and, if desired, a next-steps action plan.

Additional Info.:

This course is often physically more challenging than the training course as candidates journey more and whilst it's still an excellent learning experience there is greater physical activity. Candidates who excel on Assessment are almost always the candidates with the strongest logbooks who have built experience in a variety of locations and conditions. There is no exemption from Assessment.

Outcomes:

Pass, Defer, Fail, Not yet completed, Withdrew, Did not show. Candidates should be aware that they must have a valid First Aid qualification to Pass.

Next

action plan to address any issues raised. Passing this course might be the end, beginning or just part of your journey - but we'll be happy to work with you to help you decide what your next steps on the Mountain Training pathway

If you do not pass the course we will provide detailed feedback, and if desired, help you make an

Steps:

Wellness Walks is a trade-marked name for the delivery arm of Mental Health North West CIC Ltd.

could be.